



Certified
Trainer,
Coach and
ICT member

Paul Becque

Success and Fulfilment Coach

For more than thirty years Paul has conducted his life as a personal development experiment, which has provided the opportunities to travel the planet, talk to audiences around the world, work in television for more than a decade and empower others to flourish in all aspects of their lives. Paul found his soul mate, has four fun, cognisant children and enjoys a colourful and fervent lifestyle that most people only dream of.

Paul will introduce you to principles which will facilitate and accelerate your personal journey for success and fulfilment, at a rate beyond your current expectations. The processes and exercises you experience, incorporate the very best practices from Paul's implementation and experimentation with personal development.

These proven strategies have already worked for thousands of student's, and now it's your turn. It doesn't matter what your background is, how old you are, what your religion is, or where you come from, these principles will allow you to meet challenges and seize opportunities regardless of your circumstances and head in the direction of your desired life. Do it now!



“The really
happy people are those
who have broken the
chains of procrastination”
- Norman Vincent Peale

A Certified Coach
Jack Canfield's "Success Principles"



Paul Becque

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request Paul for a FREE 45-min keynote speech



E.N.G.A.G.E. with success

Your Best 12 months ever!



The
coaching
programme
which starts
with your **vision**,
proceeds with
empowerment
and ends with
remarkable **results**



Total Focus Workshop

Create the Future You Want for Yourself

The **Total Focus** Workshop has been designed to help eliminate the negatives in your life and give you the means to create the future you want for yourself. The workshop centres on the way you think, what you think, the way you feel, and the way you act and do not act.

Total Focus is completed over two half-day workshops. The focus is on mastering your mind and your emotions to help you think above the crowd. During the two sessions and the intervening week, you will be encouraged to contemplate various aspects of your life.

Your Personal 90-Day Challenge

This is a prelude to the climax of the seminars - the practical use of the action planning system for the **90-Day Challenge**. This will enable you to do more, be more and have more in the next 90 days than in any other 90 day period in your life.



Community

With YB12 in place, you can absolutely achieve more in the next 12 months than you would normally achieve in 3-5 years

Classic Course

How to Have Your Best Year Ever

If you've ever wanted to make more progress and get more done in your life than you have any other 12-month period, then the YB12 **Classic Programme** will help you achieve exactly that.

With Paul's coaching, you can literally transform all areas of your life in just 12 months:

- Your Finances
- Your Health
- Your Relationships
- Your Career

You owe it to yourself to grow personally, developing your life skills and having the best year of your life. The **Classic Programme** will make sure you achieve what it is you want. Imagine defining exactly what you want to achieve over the next **12 months**, setting the major goals to achieve what you want. Then, having a step-by-step plan (which Paul calls micro-steps) to get there faster than you can imagine. You will have Paul as your own private YB12 Coach to make sure you stay focused.

As Ralph Waldo Emerson said, "Do the thing and you will have the power."



Step-by-Step

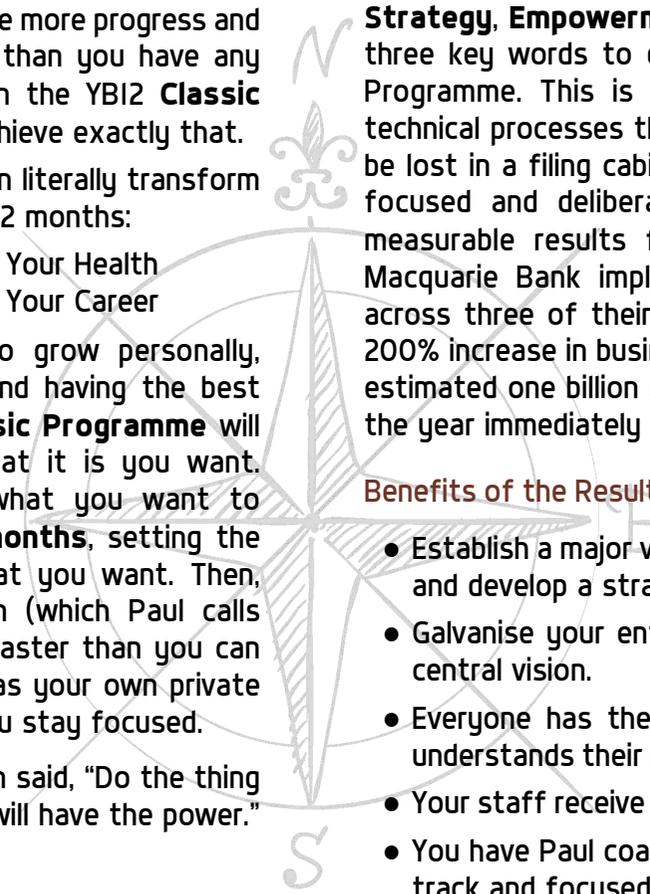
Results Programme

Create the Future You Want for Yourself

Strategy, Empowerment and **Results** are the three key words to describe the YB12 Results Programme. This is NOT a confusing set of technical processes that are introduced only to be lost in a filing cabinet. This is an integrated, focused and deliberate approach to achieve measurable results for the **business**. When Macquarie Bank implemented the programme across three of their divisions, it resulted in a 200% increase in business! This amounted to an estimated one billion dollar increase in sales for the year immediately following the programme.

Benefits of the Results Programme for Business

- Establish a major vision for your organisation and develop a strategic plan to achieve it.
- Galvanise your entire workforce around the central vision.
- Everyone has their own individual plan and understands their role in delivering the vision.
- Your staff receive essential life skills training.
- You have Paul coaching to keep everyone on track and focused.



Corporate

